



2020 Annual Report

*Building healthy
communities*

Letter from our CEO & Board Chair

The year 2020 will forever be memorialized as the year of the pandemic – a year that brought tragedy and heartbreak to many, and difficulties to everyone.

When we look back on the year and our operations, we do so within the context of the mission and values of the YMCA, which is to dedicate ourselves to the growth of all persons in spirit, mind and body, and to their sense of responsibility to each other and the global community.

Our decision to close our doors came 24 hours before the first provincial shutdown as we learned of two Covid cases within our region. Whatever financial toll the closure might take on our association, it was secondary to maintaining health and safety.

Once we closed, we sought new ways to carry out our mission to serve.

In hearing from our members, friends and through social media, we were reminded of people's feelings of loss as they isolated at home, missing family and friends, and of the link between mental and physical health.

Our staff called members to check on their well-being, served at foodbanks and even delivered home-baked goods to those they knew needed a boost. Our instructors stepped up by creating more than 100 fitness videos to help our members stay connected

to each other and to stay physically active. Our childcare team offered emergency childcare to essential workers; they have valiantly adapted to each phase of the pandemic and the ongoing changes that have been required along the way. We collaborated with our colleagues from coast-to-coast to launch the national platform, YMCA at Home, which brought fitness, wellness and kids classes, YMCA Camp and YMCA Gym to homes across the country.

We are very proud of the contributions made by our staff. They continue to exemplify YMCA values.

We offered two virtual events. Love Yourself, Actually encouraged people to take care of their mental health by doing things they enjoy and to share photos of themselves in this activity. The second event was our Walk, Run & Roll fundraiser that encouraged people of all abilities, either individually or as part of a group, to get active in whatever way they wished to meet one of our 25-, 50-, 100-, or 200-km challenges. It was heartening to hear from so many in our communities who participated about how much they enjoyed these virtual opportunities to get involved and stay connected.

During the year, we also redoubled our efforts to reach out to partners and potential

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partners to see where we might provide assistance. We partnered with the United Way of Leeds and Grenville to provide a drop-in program for teens in Brockville, with the City of Kingston to provide access to our fitness facility while Artillery Park was used as a temporary homeless shelter, and with the City and Kinsmen Club of Kingston to bring our Work Hard, Eat Well program to Rideau Heights. Many other partnership discussions continue into 2021 and will provide opportunities for the Y to continue to serve. These strategic long-term partnerships will be key for communities to not only recover but to thrive.

Financial challenges for charities continue in 2021 and will likely continue for some years. Job loss and job instability across Canada have resulted in lower charitable donations while the government has yet to announce

how funds for sector stabilization will be managed. We have seen the sad results of these difficulties in the permanent closures of some Ys across the country. The YMCA of Eastern Ontario is not immune from these challenges, but we have risen to the occasion; we've proven our ability to adapt our programs and services to remain relevant to the needs of our communities.

We are confident that our focus on our mission and values, and in building partnerships has set us on the correct course to continue the Y's history of building stronger communities in Eastern Ontario. This work will continue in 2021. Importantly, we further commit to addressing systemic inequities at the YMCA and anywhere the Y plays a role.

Sincerely,



Rob Adams
CEO, YMCA of Eastern Ontario



Jay Rayner
Board Chair

Y Stories

Jim Parker

These drastically changed circumstances present us with many different and, in some cases, unique challenges. One of my concerns is how will our Y fare in this lock-down. My sincere hope is that we shall all be able to return to enjoy it when our situation returns to normal and we can again participate in our favourite programs and enjoy the camaraderie with our friends.

To help our Y transition successfully from this lock-down to its normal state, it will need funds. I have decided to continue to make my monthly payment regardless of the shutdown. For me the Y is a vital part of my normal life. I receive the best swimming instruction that I have ever had with any swim club. In addition, I have also enjoyed the spin classes, early morning yoga and the attention of the personal trainers. Perhaps, however, the greatest benefit is camaraderie of like-minded people. I

return not only energized by the exercise but also by both the banter and support of many fellow members.

When this crisis is over, I earnestly wish to be able to return as soon as possible to the pleasure and physical benefits of our Y as it was just some weeks ago. This will be greatly facilitated and expedited if as many of us as can continue contribute our normal fees during the period of the shut-down. With the impact on employment, not everyone will be able to do, therefore I urge those of us who can, to contribute at least continue our membership fees. As an incentive I have asked the Y to treat our membership fees as a charitable donation and in that we may receive an income tax rebate.

Our Y needs your financial support, please give as generously as you are able.



Jim Parker

Jumpstart kids
play here!



SPORTCHEK



sports
experts



Bike day

Leslie Frise & Lloyd Lockington

We are proud to be members of the Kingston YMCA because it is not just access to a gymnasium or a pool – it is being part of a community. Our family has enjoyed the facilities, the staff and the programs for many years. Our kids took swimming lessons, participated in before- and after-school programs and went to summer camps.

The staff go beyond their role of fitness instructor or daycare worker or camp counselor they are part of a family and a community that responds to individuals and families that are in need.

During this Covid-19 pandemic, the Kingston YMCA has been shut down. Staff (who are not currently being paid) are volunteering to phone YMCA members to make sure they are ok. They are taking baked goods to members that live alone.

I look forward to the time when we can return to the Wright Crescent building and enjoy a good laugh or a stimulating conversation with my Aqua Fit friends (aka Senior Ladies Synchronization swim team). Knowing my friends are safe and their needs are looked after gives me great piece of mind.

When we heard about the kindness and support that the Kingston YMCA staff are providing, our response was 'that is why we are proud of the Kingston YMCA as it gives back to its community.

Thank you everyone and stay well.

Although the pandemic closures meant that the YMCA of Eastern Ontario remained closed for almost half of the year, we remained committed to serving our communities!



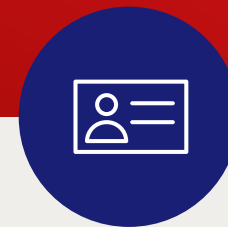
PEOPLE
SERVED

15,275



VISITS
TO THE Y

207,000



TOTAL
MEMBERSHIP

7,600



PARTICIPANTS
RECEIVING
FINANCIAL ASSISTANCE

20%



COMMUNITY
PARTNERS

40



NUMBER OF
PROGRAMS OFFERED

5,675



NUMBER OF ONLINE
CLASSES DURING
CLOSURE

108



NUMBER OF
CHILDCARE
FAMILIES

485



DAYS OF
CHILDCARE PROVIDED

164,850



CHILDREN IN
CHILDCARE

785



DAYS OF
EMERGENCY
CHILDCARE

632



CHILDREN IN
SCHOOL AGE CARE

460



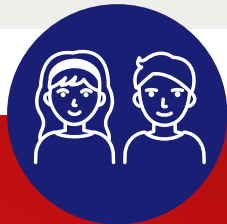
NUMBER OF
SCHOOL AGE CARE
SITES

15



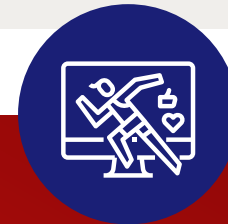
TOTAL SOCIAL
MEDIA IMPRESSIONS

618,108



BROCKVILLE TEEN & YOUTH NIGHT
AND TEEN DROP-IN VISITS

2,978



DISTANCE TRAVELLED IN
WALK, RUN & ROLL CHALLENGE

**approx.
13,000 km**

Mini-miracles start here

I have chosen to donate my monthly membership fees to the Y during this pandemic because the Y has given so much to me and to our community. I love the Y because it is a non-profit, charitable organization, offering membership to everyone regardless of their age, financial status or disability. We are very fortunate to have such a well equipped facility with a wide range of programs for every age and ability.

~ Diane Carlyle

I recently decided to allow the Brockville Y to continue to receive my regular monthly fee as an ongoing donation, even though they are shut down. As a senior, I am one of the very lucky people whose income has not changed as a result of the pandemic. This is money that was budgeted for use at the Y anyways. I have every essential thing I need. The Y is, in normal times, a vital part of my routine for staying strong and healthy. I enjoy the activities and the

friendships there. I want the Y to be there when it is safe to participate again. So, donating to the Y right now is my way of saying, 'Yes, we are in this together.' In normal times one might say, 'No service, no money from me.' But these are not normal times. I know a lot of people cannot do what I am doing, but maybe a lot of people could and together we can make a big difference to the community organization that means so much to us.

~ Cheryl Nix

Since retiring nine years ago I have found our Brockville YMCA is important to my well-being in a number of ways. I enjoy our Y for its pool where I exercise for my physical, and mental health and where I meet friends and our wonderful Y staff. To staff and volunteers, congratulations on your excellent community support. Thank you!

~ Margaret Williams



Tom in the TLC room



Jersey day

I'm donating my membership fees to the Y during the period of self-isolation we are now experiencing due to COVID-19. The main reason for my decision, is to support this organization's important contribution to our community, particularly for marginalized groups. Thanks to all the organization's friendly, knowledgeable staff for their hard work throughout the year.

~ Norm Desjardins

I am pleased to support the Brockville Y. Not only is it a great place to work out, but it also plays many important roles in our community. Both my son and daughter, now 38 and 41, got their starts in formal education at the Y preschool. I am missing my workouts and can't wait to get back.

~ Harold (Hal) Pearson

We are happy to donate our monthly membership fees to the YMCA during this difficult time, and encourage all members to do the same if they are able. We love the people, the programs and the

facilities at the Y in Brockville. It has been an important part of keeping us fit and healthy in our retirement. The Y is such an important resource for the people of the area and always does its part to help out those who are in need - we just feel that now is the time for us to give back.

~ Steve McGovern & Mary Ellen Stoll

The YMCA has been a welcoming and safe place for my family for the last 30 years. I am happy to continue to financially support the Y to ensure that it will be there for our community when our lives return to our new normal. The ability of the Y and their staff to be a strong community collaborator is a keystone for our community wellness. I hope others will support the YMCA of Eastern Ontario-Brockville Y, now and in the days ahead.

~ Harold Hess

A photograph of two young women with long brown hair, smiling and looking down at a craft project they are working on. They are outdoors, with green foliage in the background. The woman on the left is wearing an orange top, and the woman on the right is wearing a blue jacket. They are sitting at a table covered with a red cloth, which has various craft supplies like paint and brushes on it.

Thank you!

Thank you to all our donors and grantors. Your gift provides support to kids, youth, families, adults and seniors in our communities so they can access healthy programs, safe spaces and positive social connections. And in this extraordinary year, your donations to the Y allowed us to re-open in a stronger position than would have been possible without you.

Thank you to our corporate donors!

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Financial Statements

YMCA of Eastern Ontario Statement of Financial Position

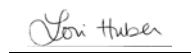
As at December 31, 2020

	2020	2019
Assets		
Current		
Cash	565,546	124,665
Accounts receivable (Note 4)	402,857	284,574
Prepaid expenses	41,739	40,827
	1,010,142	450,066
Capital assets (Note 5)	6,753,853	7,068,753
	7,763,995	7,518,819
Liabilities		
Current		
Line of credit (Note 6)	20,000	30,000
Accounts payable and accrued liabilities	978,968	879,819
Unearned membership and program fees	22,115	67,631
Deferred contributions related to expenses of future years (Note 7)	427,151	125,249
Deferred revenue from St. Lawrence College of Applied Arts & Technology (Note 8)	32,515	37,118
Current portion of term loans (Note 9)	229,690	-
Term loans subject to refinancing (Note 9)	-	934,404
	1,710,439	2,074,221
Term loans (Note 9)	652,418	-
Deferred capital contributions (Note 10)	2,523,919	2,743,877
	4,886,776	4,818,098
Contingency (Note 20)		
Subsequent and significant events (Note 21)		
Net Assets		
Investment in capital assets (Note 11)	3,347,826	3,390,472
Unrestricted	(470,607)	(689,751)
	2,877,219	2,700,721
	7,763,995	7,518,819

Approved on behalf of the Board



Director



Director

The accompanying notes are an integral part of these financial statements

YMCA of Eastern Ontario Statement of Operations

For the year ended December 31, 2020

	2020	2019
Revenue		
Grants and sponsorships (Note 13)	2,179,595	1,521,699
Licensed child care fees	1,721,103	3,456,583
Memberships	1,215,281	2,724,407
Donations and fundraising (Note 16)	1,012,560	664,247
Amortization of deferred contributions related to capital assets (Note 10)	373,958	359,982
Program fees	209,629	525,941
St. Lawrence College of Applied Arts & Technology (Note 8) (Schedule 1)	127,156	411,622
Administration fees (Note 16)	107,993	243,330
Interest	6,223	4,945
Camp fees	(504)	637,569
Total revenue	6,952,994	10,550,325
Expenses		
Salaries and benefits	4,292,680	7,476,654
Amortization of capital assets	661,258	633,009
Utilities	389,138	565,541
Repairs and maintenance	325,278	454,824
Program and childcare supplies	268,876	610,279
Telephone and office supplies	227,137	306,206
Contractors	119,158	268,106
Insurance	76,257	82,383
Professional fees	75,007	151,720
Bank charges and interest on line of credit	67,254	113,714
YMCA Canada dues	64,776	156,673
Management fees	52,947	78,860
Leases and rents (Note 13)	43,572	85,356
Interest on term loans	41,361	47,597
Promotion	36,141	101,393
Travel and meals	28,142	46,572
Training and education	4,421	28,134
Bad debts	3,093	5,710
Total expenses	6,776,496	11,212,731
Excess (deficiency) of revenue over expenses before other items and discontinued operations	176,498	(662,406)
Other items		
Gain on disposal of capital assets	-	3,250
Provision for impairment of capital assets (Note 5)	-	(120,007)
	-	(116,757)
Excess (deficiency) of revenue over expenses before discontinued operations	176,498	(779,163)
Discontinued operations (Note 17)	-	251,382
Excess (deficiency) of revenue over expenses	176,498	(527,781)

The accompanying notes are an integral part of these financial statements



Above: The 2020 Firetruck Pull was in recognition of community leader George E. Smith. Above is the Smith Legacy team.

To the right: The YMCA of Eastern Ontario team.





Many thanks to our wonderful donors & grantors who help the Y offer access to healthy programs, safe spaces & positive social connections.



Above:

Ian McFall (left) and Rob Adams (right) accept a cheque from the 100 Women Who Care, 1000 Islands, in support of Strong Communities.





Yeti Challenge: Shannon, Nathaly, Meera, Heather and Ilona competed in the Yeti Challenge and raised more than \$7,000 for the YMCA! The group biked 32 km or ran 8 km every 4 hours for 24 hours to complete the challenge.



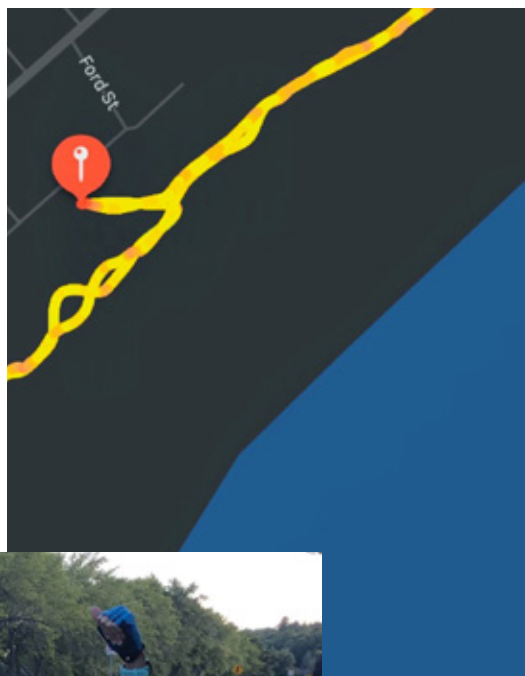
Above:

Participants at Work Hard Eat Well, Rideau Heights.

To the left:

Crafts at Teen Drop-in.



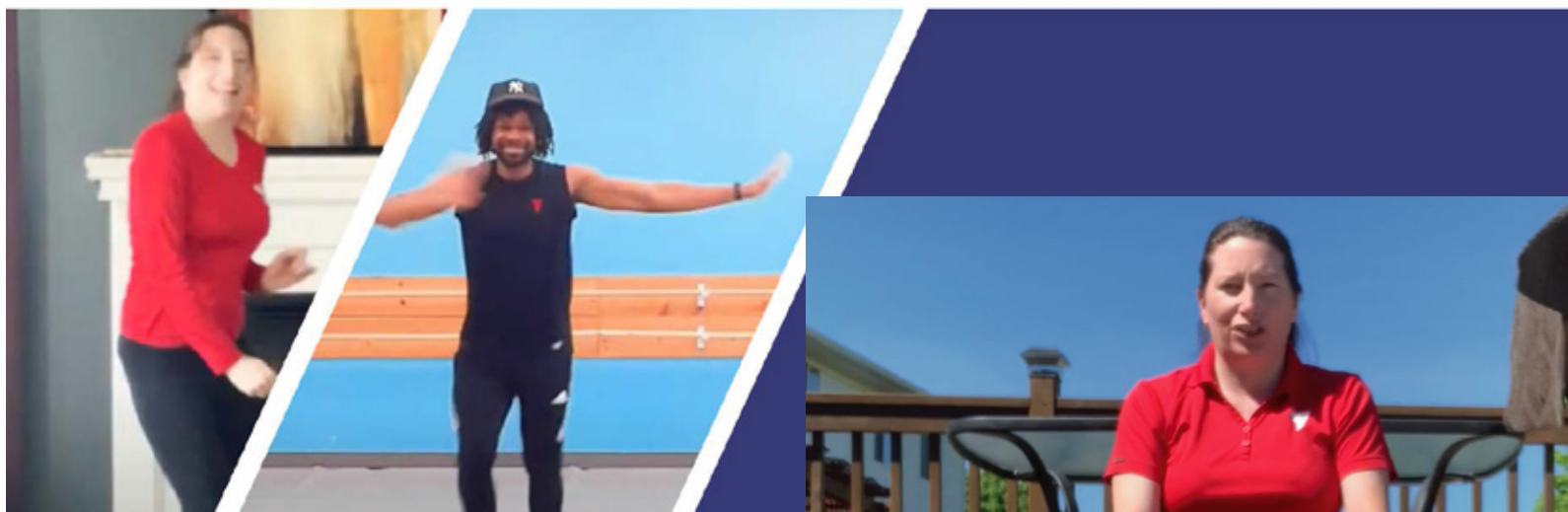


Above:

Rob Adams and Charity Williams present a certificate to Keira, the top youth participant.

To the left:

Participants completing their challenge.



Above & to the right: During the 2020 pandemic closure, Y instructors did their part to help keep everyone active by creating more than 100 fitness videos!